



delectables  
FINE CATERING

2024 full menu

# hors d'oeuvres

## hot hors d'oeuvre selections

**Chicken Phyllo Dijon**

**Crab Wontons Rangoon**  
with duck sauce pipette

**Empanadas**

chicken, beef picadillo or vegetarian, with ancho crema (v)

**Coconut Shrimp**

with orange horseradish sauce

**Conch Fritters**

with Cajun rémoulade

**Fried Mozzarella Triangles**

with marinara

**Italian Sweet Sausage en Croûte**

with marinara (v)

**Meatballs**

with your choice of sauce: sweet and sour, Swedish, peppercorn, marinara

**Mini-Maryland Crab Cakes**

with creole white rémoulade

**Mini-Quesadillas**

with grilled steak, shredded chicken or julienne vegetable and cheese, with ancho crema

**Italian Stromboli Bites**

ham, salami, capicola and provolone, served with marinara

**Stuffed Mushroom**

filled with choice of crabmeat, sweet Italian sausage or feta and spinach (v)

**Pigs-in-a-Blanket**

with yellow mustard

**Pork Pot Stickers**

with soy sauce pipette

**Potato and Cheese Knish**

herbed sour cream (v)

**St. Louis Fried Cheese Ravioli**

with marinara (v)

**Sesame Breaded Chicken Satay**

with peanut sauce

**Spanakopita** spinach and feta in phyllo (v)

**Sweet Corn Fritters**

with herb aioli (v)

**Sweet and Sour or Teriyaki**

**Brochettes** chicken or beef

**Pesto Crusted Beef Tenderloin**

**Skewers** peppercorn gravy

**Vegetarian Spring Rolls** with duck

sauce pipette (v)

**Seafood Shooters**

shrimp & scallop in a lobster thermidor sauce, served in a real scallop shell

**Mini-Flatbread**

brie, caramelized onions, balsamic reduction (v)

**Macaroni & Cheese Balls**

fried to perfection (v)

**Kimchi Chicken Meatballs**

chile glaze

**Edamame Dumpling**

soy sauce pipette (vg)

**Shrimp and Grits Croquette**

with creole white remoulade



## cold hors d'oeuvre selections

### Antipasto Kebob

pesto marinated Italian meats, cheeses & roasted veggies, bamboo skewer

### Ceviche

poached shrimp & bay scallops, red onion, peppers, scallions, key lime dressing

### Caprese Kebob

with fresh mozzarella, basil & cherry tomato (v)

### Beet Caponata

roasted red beets, capers, olives, crispy garlic (vg)

### Pâte à Choux Puffs

with walnut chicken salad

### Redskin Potatoes

with crème fraiche and caviar

### Salmon Rilletes

Smoked salmon, boursin cheese, chives, grilled crostini, lemon zest

### Tomato Anchovy Canape

roasted grape tomatoes, anchovies, manchego cheese, parmesan crostini

### Spanish Olive Tapenade

on grilled Cuban bread (v)

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on grilled Cuban bread (v)

### Steak au Poivre Crostini

with creamy horseradish

### Stuffed Strawberries

with sweet cream cheese & lime zest (v)

### Stuffed Garden Vegetables

with herb cheese or hummus (v)

### Tuscan Bruschetta

on toasted parmesan crostini (v)

### Mini Crudité Shots

with peppered artichoke dip (v)

## premium hors d'oeuvres

*These items may incur an additional cost to package pricing*

### Prosciutto Wrapped Figs

goat cheese, herbs, black mission figs, crispy prosciutto, balsamic reduction

### Mini-Chicken & Waffles

drizzled with honey

### Shrimp Cocktail Shooter

served with lemon & cocktail sauce

### Mini Reuben Sandwiches

corned beef, sauerkraut, swiss cheese, 1000 island dressing, toasted on marble rye

### Mini Cuban Sandwiches

ham, mojo pork, genoa salami, swiss cheese, dill pickle chips, mustard aioli, pressed on La Segunda cuban bread

### Bacon Wrapped Shrimp

with orange datil bbq sauce

### Tomato Bisque Shooter

with mini-grilled cheese sandwich (v)

### Grilled Lamb Chops

served with a mint chutney sauce

### Bacon Wrapped Scallops

with lemon aioli



## stationary displays

*(These items are alternatives to butler passed Hors d' Oeuvre & may be an additional cost)*

### Hot Artichoke and Spinach Dip

served with cocktail bread & gourmet crackers

### Mediterranean Platter

feta, hummus, olives, pepperoncini & pita points

### Baked Brie en Croute

with cocktail bread & gourmet crackers (v)

### Hot Crab Dip

served with cocktail bread

### Fresh Seasonal Fruit Display

with honey lime yogurt (v)

### International Cheese

#### Presentation

imported and domestic cheeses served with assorted gourmet crackers

### Cheese + Charcuterie

Imported + domestic cheeses, premium Italian meats, gourmet breads, crackers & pita points

### Seven Layer Dip

artistically arranged combination of fiesta beans, guacamole, sour cream, cilantro salsa, chorizo sausage, chives & cheddar cheese, served with tortilla chips

### Garden Vegetable Crudité

bite-size artistically arranged vegetables with peppered artichoke or ranch dip (v)



# entrée selections

## PLATED BEEF & PORK ENTRÉE SELECTIONS

- Grilled Filet Mignon | perfectly seasoned and grilled, topped with steak butter sauce
- Tuscan Filet | grilled filet tossed in pesto and sundried tomatoes
- Steak Diane | tenderloin medallion of beef grilled and topped with a light mushroom sauce
- Steak au Poivre | pan-seared filet mignon, accompanied by a pink and green peppercorn demi-glace
- Boneless Braised Beef Short Ribs | slow-cooked and tender, with a mushroom madeira wine sauce
- Double Cut Pork Chop | chargrilled, caramelized onion & fig chutney

## HAND CARVED BEEF AND PORK FOR BUFFETS AND STATIONS

- Herb Roasted Châteaubriand | hand-carved and presented with a peppercorn sauce and horseradish chantilly
- Herb Roasted NY Strip Loin | served with peppercorn sauce
- Herb Roasted Prime Rib of Beef | served with au jus and horseradish chantilly
- Churrasco Steak | flank steak marinated in garlic, red wine, herbs and olive oil, grilled and served with cilantro chimichurri
- Maple Glazed Pork Loin | with an apple whiskey demi-glace [carved]
- Bacon Wrapped Boneless Pork Loin | served with an ancho cream sauce. [carved]
- Jerk Roast Pork Loin | served with tropical mango salsa [carved]

## BEEF & PORK FOR BUFFETS

- Yankee Pot Roast Jardinière | braised beef brisket with jardinière vegetables in a light brown sauce.
- BBQ Brisket | slow-cooked, moist and tender
- Boneless Braised Beef Short Ribs | slow-cooked and tender, with a mushroom madeira wine sauce
- Pulled Pork | slow cooked with traditional BBQ sauce
- Mojo Pork | fork-tender braised pork shoulder in Cuban mojo sauce



## seafood

**Grouper Provençale** | Italian parsley, diced tomatoes, garlic, and onions on charbroiled fillet of grouper

**Salmon Puttanesca** | salmon fillets with sauce composed of capers, diced tomatoes, red pepper flakes and kalamata olives

**Pan Seared Snapper** | with curry-lime butter sauce

**Florida Grouper** | with tarragon soubise

**Mahi Mahi Martinique** | marinated in Caribbean spices and rum, served with a mango relish

**Chargrilled Salmon** | with a dill beurre-blanc

**Shrimp Étouffée** | fresh shrimp simmered in a rich seafood velouté sauce

**Shrimp Creole** | large shrimp cooked in a creole tomato sauce

**Shrimp Scampi** | large shrimp cooked in white wine and lemon butter

## poultry

**Chicken Havana** | charbroiled breast marinated with Latin seasonings and served with barbecued black beans, sauteed peppers & monterey jack cheese

**Chicken Piccata** | lightly breaded, sautéed and served with a light lemon caper sauce

**Chicken Marsala** | boneless breast of chicken sautéed with marsala wine & a mushroom demi-glace

**Chicken Salsiccia** | breast of chicken stuffed with sausage, spinach, and cheese, served with a tomato coulis

**Chicken Montrachet** | stuffed chicken breast w/ spinach, goat cheese and sun-dried tomatoes, served with a lemon butter cream

**Caribbean Chicken** | grilled jerk chicken with mango salsa

**Chicken Saltimbocca** | sautéed with prosciutto ham, sage, and pesto, topped with garlic wine sauce

**Chicken Fontina** | sautéed chicken breast stuffed with fontina cheese and prosciutto, then ladled with a tomato-basil beurre blanc

**Chicken Boursin** | a boneless chicken breast filled with fresh spinach and boursin cheese, topped with gluten-free breadcrumbs and an herb sauce

**Tuscan Chicken** | chicken breast stuffed with fontina and goat cheese, sundried tomatoes, accented with tomato-basil beurre-blanc sauce



# vegetarian

## PLATED VEGETARIAN ENTRÉE SELECTIONS

**Grilled Portabella Mushroom** | with roasted vegetable quinoa and a red pepper coulis served on a bed of spinach(vg)

**Za'atar Roasted Cauliflower** | lentil cassoulet, tahini sauce (vg)

**Stuffed Sweet Potato** | with miso roasted cauliflower, dried cherries, cannellini beans, scallions, garlic veloute (vg) best served with roasted broccolini

**Charred Squash** | with miso roasted cauliflower, dried cherries, cannellini beans, pumpkin seeds, scallions, garlic veloute (vg) best served with roasted heirloom carrots

**Grilled Eggplant** | finished with preserved lemon gremolata, best served with Israeli couscous and grilled broccolini (vg)

## BUFFET VEGETARIAN ENTRÉE SELECTIONS

**Tricolor Three Cheese and Portabella Ravioli** | with tomato-basil beurre blanc (v)

**Three Cheese Tortellini** with | with spicy arrabiata (v)

**Penne Pasta Primavera** | sauteed with squash, zucchini, red peppers and spinach in alfredo sauce (v)

**Eggplant Etouffee** | a spicy cajun stew of eggplant, onions, peppers, celery and tomato, best served with rice (vg)



# sides & salads

## sides & starches

Duchess Potatoes | Idaho potatoes puréed, piped into spirals, and baked

Mushroom-Shaped Redskin Potatoes | seasoned and oven roasted

Garlic Mashed Potatoes

Smoked Gouda Potatoes Au Gratin | a popular favorite

Parmesan Roasted Potato Wedges

Mashed Potato | classically made with butter, cream and salt

Whole Grain and Wild Rice Blend

Basmati Rice

Saffron Basmati Rice | yellow rice with peas

California Risotto | w/chicken stock and vegetable confit

Wild Mushroom + Pearl Barley Risotto

Tri-Color Portobello Mushroom Ravioli | with sun dried tomato-basil beurre blanc \*

## sides & starches

Tri-Color Cheese Tortellini | with Tomato Basil Beurre Blanc

Cheese Tortellini Celestio | w/olive oil, garlic, spin, feta

Smoked Gouda Mac and Cheese

Lobster Mac and Cheese | with a creamy mornay sauce \*

Chef's Choice of Vibrant Market Fresh Roasted Vegetables

Vegetable Kebobs w/Ginger-Lime Sauce

Chargrilled Broccolini | seasoned simply with EVOO, black pepper and kosher salt

*\*These premium selections slightly higher in price.*





## Salads

**Delectables Garden House Salad** | Italian plum tomatoes, marinated black olives, imported Chinese lotus root, carrots, cucumbers and radishes over mixed lettuces, served with creamy house-made garlic parmesan dressing and raspberry vinaigrette

**Harvest Salad** | mixed greens w/ goat cheese, tomato, candied pecans, mandarin orange, raisins, red onion, honey-tarragon vinaigrette

**Traditional Caesar Salad** | with garlic herbed croutons, fresh romaine lettuce and house-made Caesar dressings

**Greek Salad** | tossed greens, feta cheese, cucumbers, plum tomatoes, Greek olives, pepperoncini, green peppers, red onion rings, oregano, and potato salad, with Greek vinaigrette

**Spinach Salad** | glazed pecans, sliced hard-boiled egg, mandarin oranges, grapes, strawberries & bleu cheese crumbles, with orange-poppseed dressing

**Caprese** | plum tomatoes, buffalo mozzarella, and fresh basil drizzled with a balsamic reduction



# stations, themes, & presentations

## Premium Stations

Our premium stations require a station chef and are meant to offer an “anchor” to your station style menu, offering a mini “tapas style” version of a complete meal.

(\*these stations require an event chef)

### CARVING STATION

Choose **one protein**, served with either Mashed Potatoes or Smoked Gouda Potatoes au Gratin  
AND Chef’s Selection of Vibrant Market Fresh Roasted Vegetables

- Herb Roast Sirloin** | oven roasted sirloin of beef, served with a peppercorn sauce
- Herb Roasted Chateaubriand** | hand-carved, with a peppercorn sauce and horseradish chantilly
- Herb Roasted Prime Rib of Beef** | served au Jus and Horseradish Chantilly
- Honey-Apricot Glazed Ham** | with creole mustard sauce
- Whole Roast Turkey Breast** | with cranberry chutney
- Maple Glazed Pork Loin** | with apple whiskey demi-glace
- Bacon Wrapped Boneless Pork Loin** | with an Ancho Cream Sauce.

### CHURRASCO STEAK STATION

**Churrasco Steak** marinated in garlic, red wine, herbs and olive oil, served with cilantro chimichurri  
served with **Parmesan Roasted Potato Wedges**  
AND **Chef’s Selection of Vibrant Market Fresh Roasted Vegetables**

### SAUTÉ STATION

*Our chef will sauté one of the following, accompanied by a chef paired pasta selection*

- Jumbo Shrimp Scampi** in white wine and butter sauce
- Fresh Grouper Picatta** with white wine and caper butter
- Chicken Marsala** with mushrooms in a marsala wine sauce

### ASIAN STATION

**Teriyaki Chicken, Szechwan Beef**, (Shrimp, Pork, or Tofu can be substituted at an additional cost) fried in Asian wok with fresh Asian vegetables and steamed rice. Station also includes **Vegetable Spring Rolls** with duck sauce and hot mustard. Chopsticks and Asian “takeout” boxes available upon request.

### SOUTHWEST TEX-MEX FIESTA

**Grilled Chicken and Steak Fajitas**, sauteed by our chef with peppers and onions,  
accompanied by **Grilled Corn Ribs** with cotija and cilantro, **Spanish Yellow Rice** with **Black Beans**, **Warm Flour Tortillas**, **Shredded Cheese**, **Sour Cream and Salsa**



## DELUXE PASTA STATION

Enjoy our freshly made **Tortellini with Homemade Bolognese** and our hand made

**Three Cheese and Portobello Ravioli** with tomato basil cream sauce

*Our station chef will freshly prepare a composed pasta dish of your choice:*

**Seafood Primavera** with scallops, shrimp and fresh steamed vegetables topped with a light cream sauce tossed with penne pasta (additional \$1.50 pp)

**Rigatoni with Italian Sausage** and spicy arrabbiata sauce

**Bowtie Pesto Pasta** with sundried tomatoes and fresh garden vegetables (v)

**Cavatappi Alfredo** with grilled chicken

Served with **House or Caesar Salad**, fresh Italian bread and breadsticks

## RAGIN' CAJUN STATION

**Chicken and Sausage Jambalaya**, chef prepared **Shrimp Creole**, **Red Beans with Smoked Sausage**, with White Rice, Southern Style Green Beans, Buttered French Bread and Potato Salad

## Signature Stations

Signature stations give your guests fun and adventurous ways to explore the culinary side of your event or wedding. Let us help you put together the perfect combination of stations for your event.

### PASTA BAR

*Choose from two of our chef's pasta creations for your signature pasta bar:*

**Cavatappi Alfredo** with grilled chicken

**Tortellini with Homemade Bolognese**

**Bowtie Pesto Pasta** with sundried tomatoes and fresh garden vegetables (v)

**Penne a la Vodka** (v)

**Rigatoni Arrabbiata** with Italian sausage in a spicy tomato sauce

### MEXICAN TACO BAR

Pick three: **Chorizo**, **Carnitas**, **Chicken Tinga**, **Carne Asada**, **Squash & Poblano**(v)

With warm flour tortillas and an array of traditional taco toppings: chopped white onion, cilantro, shaved white cabbage, lime wedges, grilled scallions, salsa verde and salsa roja

### CHEESE + CHARCUTERIE

imported + domestic cheeses, premium Italian meats, gourmet breads, crackers & pita points

### INTERNATIONAL CHEESE PRESENTATION

varietal cheeses with gourmet crackers AND baked brie en croûte with raspberry essence, accompanied by cocktail breads and crackers



### ANTIPASTO BAR

Italian meats and cheeses, grilled and roasted vegetables, olives, pepperoncini, artichoke hearts, plum tomatoes, and onions over a bed of mixed greens

### CHICKEN AND WAFFLE STATION

Belgian waffles, fried chicken tenders, honey, syrup and hot sauce

### MAC & CHEESE STATION

cavatappi with creamy gouda sauce with your guest's choice of accoutrements: scallions, bacon bits, fried onion straws and broccoli florets on the side

### MASHED POTATO BAR

creamy Idaho potatoes accompanied by cheddar cheese, bacon bits, scallions, sour cream, and broccoli florets.

### MEDITERRANEAN MEZZE STATION

feta cheese triangles, olives, hummus and pepperoncinis with pita bread

**Cuban Sandwich Press Station** | traditional **Tampa Style Cubans**, pressed to order, accompanied by **Black Beans and Rice**

### ITALIAN SALAD STATION

*two interactive favorites for guests to enjoy*

**Caprese Salad** | buffalo mozzarella, plum tomatoes, fresh basil and artichoke hearts drizzled with balsamic vinaigrette

and

**Antipasto Salad** | grilled and marinated vegetables, Italian meats and cheeses with crisp greens and red wine vinaigrette

### SALAD CREATION BAR

*mixed fresh greens, spinach and an assortment of market fresh vegetables and accoutrements for your guest's salad creation,, to include:*

Italian plum tomatoes, marinated black olives, Chinese lotus root, carrots, cucumbers, radishes, grilled marinated vegetables, olives, pepperoncini, hard-boiled egg, bacon bits, croutons and shredded cheese with balsamic vinaigrette, creamy house garlic parmesan dressing and raspberry vinaigrette



# Late Night Snack Ideas

**Mini-Hot Dog Station** | with relish, ketchup, mustard, onion, and sauerkraut

**Macho Nacho Station** | homemade tortilla chips, warm nacho cheese, diced tomatoes, seasoned ground beef, refried beans, scallions, black olives, jalapenos, sour cream, and guacamole.

**Sliders** | Mini Bistro Burgers, BBQ or Mojo Pulled Pork on soft Hawaiian rolls

## Desserts

### PLATED DESSERTS

These Options are for Service with Sit Down Meals Only

**Crème Brulé** | a fine vanilla custard with caramel and crème anglaise, garnished with fresh fruit

**Fried Banana Cheesecake** | with vanilla bean sauce

**Key West Lime Pie** | with tequila sunrise sauce

**Mini Chocolate Bundt Cakes** | with raspberry ganache sauce

**Carrot Cake** | moist and delicious, with a traditional cream cheese icing

**Cheesecake** | made in the traditional style, served with fresh berries, fresh mint, and a sauce painting

**Trio of Miniatures** | mini-crème brulé, chocolate covered strawberry, and a mini-chocolate mousse cup

**Mediterranean Trio** | mini-baklava, mini-cannoli, & a mini-fruit flan

**Tiramisu** | Italian mascarpone cheese filling & coffee infused lady fingers with a dusting of cocoa

**Flourless Chocolate Cake** | a gluten-free chocolate fudge cake

**Black Forrest Cake** | chocolate cake with whipped cream and cherries, garnished with almond slivers



## STATIONARY DESSERTS

**Miniature Viennese Dessert Table** | elegant array of miniature petit fours, chocolate dipped strawberries, cannoli, mini-cheesecakes, orange chiffon and key lime pies, mini-carrot cakes, mini-derby pies, brownie and blondies, Parisian fruit tart, chocolate-raspberry mousse cups, and eclairs

**Bread Pudding** | Louisiana style with vanilla bourbon sauce or tropical piña colada with a coconut-vanilla glaze

**Bananas Foster or Strawberry Flambé** | served over vanilla ice cream\*

**Ice Cream Sundae Bar** | includes whipped cream, chocolate chips, maraschino cherries, chocolate ganache fondue, butterscotch, nuts, candy crumbles, toasted coconut, with premium vanilla and chocolate ice cream

**Fresh Fruit Palm Tree** | cubes of fresh fruit, accompanied by rich chocolate ganache, whipped cream, and toasted coconut. sour cream pound cake cubes upon request

**Cobbler (Cherry, Peach or Blueberry) or Apple Crisp** | served with vanilla bean sauce

**Make Your Own Strawberry Shortcake**

**Gourmet Coffee or Iced Tea Bar** | freshly brewed fine coffee or tea served with fresh lemon, cherries, orange zest, white and brown sugar, and cinnamon sticks, italian biscotti, chocolate shavings, grand marnier whipped cream, half and half and flavored syrups

*\*Requires a Chef and Chef fee*

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